ExxonMobil Tigers

2014 USCAA National Corporate Cup Relays

July 12-13, 2014

San Marcos, California, USA

www.athletictigers.com



The Tigers Track and Field and Road Racing Team consists of ExxonMobil employees, contractor and annuitant athletes, from all over the world, who train throughout the year for the opportunity to participate in a national competition.



Special Thanks to:

> ExxonMobil Chemical Plant Laboratory

ExxonMobil Health and Safety





Ken Thomas - Team Captain ken.w.thomas@exxonmobil.com work: 281-834-5492 cell: 713-269-7437

30th Annual USCAA Marathon January 18, 2015 Phoenix, Arizona

www.facebook.com/EMTigers www.uscaa.org www.joinuscaa.com twitter.com/JoinUscaa www.facebook.com/USCorporateAthleticsAssociation



The Tigers ExxonMobil Worldwide Corporate Track and Field and Road Racing Team

ExxonMobil employees, contractor and annuitant athletes, from all over the world, train throughout the year for the opportunity to participate in a national competition. We compete before a stadium full of corporate representative and spectators one or two weekends each year. Our team now has about 100 athletes.

Of these around 40 attends the United States Corporate Athletic Association (USCAA) National Corporate Cup Relays, a Track & Field and Road Racing Championships held every summer in July. This event is unique, as it is the only sanctioned national corporate athletic competition of this kind. Because it involves multinational corporations, we consider it to be our World Championship.

The Tigers have gathered to compete at USCAA Nationals since 1981. Although we have never won this competition, we placed among the top teams every year. Our best finish was in Des Moines in 1995, achieving second place with a team of approximately 67 athletes. The 2013 USCAA Nationals saw a team of approximately 25 Tigers, fiercely competing, in San Ramon, California.

Team spirit is the most powerful force behind the Tigers! Together we have trained and prepared. Together we will give our very best. We are willing to accept the challenge, the pain, the glory and the fun.

WELCOME THE 2014 TIGERS' ROOKIES

Victoria Hewey



Catherine Madden



Samantha Farmer



Daniel Villarreal



Michael Lynch



Steve Golembieski



2014 REGIONALS CHAMPIONS

















Descrip		runners, t	wo females a	and two ma		ne maie and open female				sen running		ie rollowing	order: 40+	remale,
Time Event	:Begins:	Prelims	Saturday	10:45, 10:50										
	10.	Finals	Sunday	10:50			1							
Ezzon Re	cord-		48,446	2006	Golden,	Co								
Laaton me	cord.		10,110	2000	Goiden,			-						
40+ fem	100m	Norma .	Johnson	14.68										
pen fem		Amber A		12.49										
10+ male		Ken Tho		10.89										
oen male	100m	JC Baya	rd	10.43										
2013 E ss o	onMobil F	Performar	ice:	51.40	Bronze									
40+ fem		Jovette J		14.07										
open fem		Raina Bro		13.02						1				
40+ male open male		Ken Thom Tenolia S		12.35					-					
openmale	100m	Tenolia Si	ulaiman	12.20										
Best Exxon	Nationals	Placing:	1st	2006	, 2008									
National Re	ecord:		GE	48.17	2001	Renton, Wa	ash.							
Provious	ears results													
Texious q		013	20	012	2011	25	2010		2009	-	2008		2007	
lst	AT&T	50.81	AT&T	49.64	AT&T	50.01	AT&T	48.99	AT&T	50.31	EM	49.03	AT&T	49.21
2nd	TI	50.88	GE	50.66	EM	50.44	EM	52.9	GE	51.01	AT&T	50.95	EM	49.79
3rd	EM	51.40	TI	50.9	GE	51.14	LM	56.57	Boeing	55.17	LM	55.1	GE	50.8
4th	GE	53.74	EM	52.77	0.000				EM	55.89	GE	01:12.5	LM	54.53
lawa	š		1	8	man a		19 m		LM	56.69	E	8	Boeing	01:08.2
#Teams	4	1	4		3		3	15	5	5	4		5	0230254000
Qualifying		0			_			8			_			
2014 Times														
	Prelims	Athlete(s)			Finals	Athlete(s)	1		8	Actual Athl	ete(s)		1	
100 40+ F	00:15.0	Jovette J			00:14.5	Jovette Jo			-					
100 fem	00:14.0	Raina Bro			00:14.0	Raina Brow		1		2			0	
100 40+M 100 male	00:12.0	Ken Thom Teniola S			00:12.4	Ken Thoma Teniola Sul		2	8				67	
UU male Total		Teniola Si	uialmañ	-	00:11.5	Teniola Sul	aman	č	2 3	-				
	ualifying Ti	me:	N/A		00:02.4			24 			_			
Strategy: W	1.000									5				





			Eve	nt Nam	e: 200r	n Individual	Events				
Time Event Begins:		Women Men	11:45 11:15								
2013 ExxonMobil Re	esults										
Women's 200m						Men's 200m				0	
Name	Age Group	Time		9) 19	ę.	Name	Age Group	Time			
Sara Comis Pat Groben	18+ 60+	30.75 1:04.91		5	6	David Holland	18+	25.44			
									2		
											50
2014 Goals to Meet											
Women's 200m	1 1	Target	Actual	Overall	Group	Men's 200m		Target	Actual	Overall	Group
Name	Age Group	Time	Time	Place	Place	Name	Age Group	Time	Time	Place	Place
Pat Groben	60+	-			8	Garrett Smith	50+				
					5						
				20 27	a						
				<i>0</i> ,	5						
ļ											



														1000
Descri	ption: Fou	r runners, on	e female 3	0 or older,	one male	30 or older	, and two 1600m.	male runne	ers 35 or o	lder, runni	ng in relay	order: 800	m, 400m,	1200m,
-			9				Toooni.				1			
Time Even	t Begins:	Finals only,	Saturday		10:55									
Esson Re	eord:		10:41.6	1988	Palo Alt	o, CA (adj	usted fro	m yards to	metric)					
	800m	Billy Smith		02:01.3		Baton Ro	ouge, LA /	EUSA - M	KTG					
	400m	Sharon Mel	Neil	01:07.8				A - PROD						
	1200m	Roland Par		03:14.8				A - MKTG						
	1600m	Robert Rad	Inoti	04:17.7		Thousand	d Oaks, C	A / EUSA -	PROD					-
		Total		10:41.6										
2013 Exx	onMobil P	erformance		DNE										
	32223													
	800m 400m													
	400m 1200m													
-	1600m													
	1000111													
Best Exxor	Nationals	Placing:	Silver 2003,	2004										
National R	ecord	100	GE	10:33.6	1983	-								
Previous y	ears results													
in in		2013		012		2011		:010		009		008		007
1st	GE	11:36.57	GE	11:46.7	GE	11:16.4	GE	11:39.5	GE	11:32.7	GE	11.15.67	GE	11.20.93
2nd	TI	12:27.52	TI	12:14.3	LM	12:07.9	LM	11:41.0	LM	11:43.3	LM	11.26.31	LM	11.25.93
3rd 4th	AT&T BAH	12:49.36 14:17.37	AT&T EM	13:20.4 13:23.5	EM EM	14:14.1 14:33.9	AT&T EM	13:39.7 DNE	AT&T EM	12:36.9 DNE	EM AT&T	11.35.00 12.56.38	AT&T EM	11.29.61 11.31.56
10	DAR	(inter	BAH	13:36.9	Elei	14:00.0	E.M.	DIAC	Cial	DNE	Boeing	12.06.38	Boeing	13.51.73
#Teams	4		5		4	10 10	3		3	10 10	5		5	
Qualifying														
2014 Times	to Meet:													
	Prelims	Athlete(s)	S S		Finals	Athlete(s)	S			Actual Ath	lete(s)			5
800m	N/A				2:10	Daniel	Villareal							
400m	N/A		S.	1	1:04		nksgaard			<u> 1</u>				<u>(</u>)
1200m	N/A			8	4:00		Barbee			13	-	i3		(i)
1600m	N/A				4:30	Mark M	1alander 👘			12				12
Total		1	AUA		11:44	15	_			15		1		1
IVIINIMUM (Qualifying Tir	ne:	N/A											
Strategy:					-						-			

800m Christina Davis 02:12.9 Brussels / ESSO 800m Zara Hyde Total 04:28.0 London / NEEC 2013 ExzonMobil Performance: 5:00.98 BRONZE Image: Control of the second	to determine place	ace.					
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $							
800m Christina Davis 02:12.9 Brussels / ESSO Condon / NEEC 2013 ExcomMobil Performance: 5:00.98 BRONZE Indiana / NEEC Indiana / NEEC 800m Kim Munksgaard 2:32.74 Indiana / NEEC Indiana / NEEC 800m Kim Munksgaard 2:32.74 Indiana / NEEC Indiana / NEEC 800m Nora Gentry 2:28.24 Indiana / NEEC Indiana / NEEC Best Exxon Nationals Placing: Gold 1995 (Davis, Leighton), 1994 (Hyde, Leighton) Indiana / NEEC Best Exxon Nationals Placing: Gold 1995 (Davis, Leighton), 1994 (Hyde, Leighton) Indiana / NEEC National Record: 04:17.3 US West 1989 Indiana / NEEC Indiana / NEEC Previous years results: Indiana / NEEC Indiana / NEEC Indiana / NEEC Indiana / NEEC 1st AT&T 4.38.37 AT&T 04:41.0 AT&T 04:37.0 Ge 04:51.0 Ge 1st AT&T 4.38.37 AT&T 04:41.0 AT&T 05:63.0 AT 05:13.0 EM							
300mZara Hyde Total02:15.0 04:28.0London / NEEC2013 ExxonMobil Petformance:5:00.98BRONZEImage: Constraint of the second of the se							
Image: Constraint of the second se							
2013 ExcomMobil Performance: 5:00.98 BRONZE 800m Kim Munksgaard 2:32.74							
800m Kim Munksgaard 2:32.74 2:32.74 2:28.24 Image: State of the st							
$\begin{array}{ c c c c c c c c c c c c c c c c c c c$				_			
$\begin{array}{ c c c c c c c c c c c c c c c c c c c$				-			
Best Exxon Nationals Placing: Gold 1995 (Davis, Leighton), 1994 (Hyde, Leighton) Image: Constraint of the state o				_			
Gold 2007 (Hyde, Cressy) National Record: 04:17.3 US West 1999 Previous years results: 04:17.3 US West 1999 2013 2012 2011 2010 2013 2012 2011 2010 200 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:53.0 Boeing 3rd EM 04:54.0 LM 05:38.0 EM 05:13.0 EM 1 Boeing 6:35 4 05:53.0 AT&T 05:13.0 EM 1 Boeing 6:35 4 4 4 4 Qualifying Image: State of the state of				_			
Gold 2007 (Hyde, Cressy) National Record: 04:17.3 US West 1999 Previous years results: 04:17.3 US West 1999 2013 2012 2011 2010 2013 2012 2011 2010 20 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:53.0 Boeing 3rd EM 04:54.0 LM 05:38.0 EM 05:13.0 EM 1 Boeing 6:35 Image: Constant State St							
National Record: 04:17.3 US West 1999 Image: Constraint of the system of the syste							
Previous years results: 2013 2012 2011 2010 20 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:59.0 Boeing 3rd EM 55.30 EM 05:53.0 AT&T 05:13.0 EM 1 BA 05:53.0 EM 05:53.0 AT&T 05:13.0 EM 1 Boeing 6:35 - - - - - #Teams 3 5 4 4 4 4 - 2014 Timesto Meet: -				-			
2013 2012 2011 2010 20 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:59.0 Boeing 3rd EM 5:00.98 EM 04:54.0 LM 05:38.0 EM 05:12.0 LM Being 6:35 EM 05:53.0 AT&T 05:13.0 EM Being 6:35 4 4 4 4 Quilifying 5 4 4 4 4 2014 Times to Meet: 2012 Times to Meet: 2013 Times to Meet: 2014				_			
2013 2012 2011 2010 20 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:59.0 Boeing 3rd EM 5:00.98 EM 04:53.0 LM 05:38.0 EM 05:12.0 LM Bacing 6:35 EM 05:53.0 AT&T 05:13.0 EM #Teams 3 5 4 4 4 Quiffying Image: Comparison of the compari							
2013 2012 2011 2010 20 1st AT&T 4:38.37 AT&T 04:41.0 AT&T 04:37.0 GE 04:54.0 GE 2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:59.0 Boeing 3rd EM 5:00.98 EM 04:54.0 LM 05:38.0 EM 05:12.0 LM Being 6:35 EM 05:53.0 AT&T 05:13.0 EM Being 6:35 4 4 4 4 Quilifying 5 4 4 4 4 2014 Times to Meet: 2012 Times to Meet: 2013 Times to Meet: 2014							
2nd GE 4:51.12 GE 04:52.0 GE 04:55.0 LM 04:53.0 Boeing 3rd EM 5:00.98 EM 04:54.0 LM 05:38.0 EM 05:12.0 LM BA 05:53.0 EM 05:53.0 EM 05:53.0 AT&T 05:13.0 EM #Tosms 3 5 4 95 4 4 4 Qualifying S 5 4 4 4 4 2014 Times to Meet: Finals Athlete(s) S 800m n/a S S 800m n/a S S 900m n/a <th colspan="3" s<="" td=""><td>2009</td><td>2008</td><td>1</td><td>2007</td></th>	<td>2009</td> <td>2008</td> <td>1</td> <td>2007</td>			2009	2008	1	2007
3rd EM 5:00.98 EM 04:54.0 LM 05:38.0 EM 05:12.0 LM BA 05:53.0 EM 05:53.0 AT&T 05:13.0 EM #Tesms 3 5 4 4 4 4 Qualifying 5 4 4 4 4 4 2014 Times to Meet: Finals Athlete(s) 5 </td <td>04:59.3 0</td> <td>GE 4.53.85</td> <td>EM</td> <td>4.44.85</td>	04:59.3 0	GE 4.53.85	EM	4.44.85			
Image: Bar Markowski for the state of the state		LM 5.08.78	GE	4.54.97			
Boeing 6:35 A M A 4		EM 5.26.10	LM.	5.12.65			
#Teams 3 5 4 4 4 4 Qualifying Image: Constraint of the state	05:49.5			3			
Qualifying Image: Constraint of the constrai							
Z014 Times to Meet: Finals Athlete(s) Prelim's Athlete(s) 02:25.0 Vicky Hewey 800m n/a 02:25.0 Nora Gentry 800m n/a 04:50.0 04:50.0		3	3				
Prelim's Athlete(s) Finals Athlete(s) 800m n/a 02:25.0 Vicky Hewey 800m n/a 02:25.0 Nora Gentry Total 00:00.0 04:50.0 04:50.0				-			
Prelim's Athlete(s) Finals Athlete(s) 800m n/a 02:25.0 Vicky Hewey 800m n/a 02:25.0 Nora Gentry Total 00:00.0 04:50.0 04:50.0			5	1			
800m n/a 02:25.0 Vicky Hewey 800m n/a 02:25.0 Nora Gentry Total 00:00.0 04:50.0 04:50.0	Actual Athlete(s)	1	1	1			
800m n/a 02:25.0 Nora Gentry Total 00:00.0 04:50.0	1	8					
Total 00:00.0 04:50.0							
Minimum Qualifying Time: n/a							
		2	2				
Strategy:				-			



Descripti	ion: Two	men each r	up ope mi	le at the c	ametime	Times are	addedto	determine	place					
Descripti		nerreacri	anonemi	ie at trie so	ane une.	nines are		ueterninie	piace.					
Time Event	Begins:	Finals:	Sunday	11:30										
			-											
Exton Re	ecord:		08:22.2	1984	San Jose	CA								
	Mile	Ken Potm		04:09.5		Calaara	Canada / I	0227						-
	Mile	Robert R		04:12.7			Oaks, CA							
		Total	100 M 100	08:22.2										
2013 F	on Mahil	Performanc	10-34 66	BDON7E										_
2013 211														
-	Mile	David Chen		5:09.51										_
-	Mile	Tom Barbe	2	5:25.15										-
1														
-			1								1			
Best Exxor	Nationals F	Placing:	Gold	1984	(Potma, Ra	dnoti)		Gold	2002	(Birkenfeld,	Donovan)			
- CRANDIN 643-	100.014.000.00	39333	Gold	1991	(Rendell, P			Gold	2005	(Donovan, H	lomoly)			
-			Gold	1992	(Rendell, N									_
			Gold	1993 1994	(Milner, Be (Milner, Ba									
1			Gold	1998	(Kirk, Johns									
			Gold	1999	(Kirk, Olsor									
			Gold	2000	(Olson, Kirl									
National R	ecord:		IBM	08:20.7	1985									
Previous ye	ears results:													
9		2013		012	2011	15	2010	9	2009		2008		2007	ō
1st	GE	09:58.52	GE	09:29.0	GE	08:49.0	GE	09:11.0	LM	09:01.8	GE	8.49.81	GE	8.44.61
2nd 3rd	EM	10:00.42	EM	10:08.0 10:38.0	EM	03:33.0 11:40.0	LM EM	03:30.0 03:40.7	GE	09:32.4	LM	10.19.18	LM	9.05.01 9.20.96
4th	BAH	12:20.61	AT&T	11:27	C.M.	11:40.0	C.W.S	03:40.1	GE	03:40.1	3 3		LIVI	3.20.30
00000 0	- 30390050	191.00001000	BAH	11:36		8		3 - S		3	9			3
2			Boeing	12:29	2	Q 2		4 - S		16	3		2	<u> </u>
* Teams	4	-	6		3	20. 0	3	e e	3	32	2		3	25
Qualifying		-	1			2					1 7		-	12
2014 Times	to Meet:													
Second	Prelims	Athlete(s)			Finals	Athlete(s)		š		Actual Athle	te(s)		2	3
Mile	n/a		i.		05:05.0	David Chen		-1 - <u>S</u>		1		-	<u>.</u>	12
Mile	n/a 1 00:00.0	3			05:15.0	Tom Barbe	e	S		32		2		20
	lualifying Tir		1 1		10.20.0	2					1 1		1	1

Time Event B	Desire	8	Description	-										
Time Event B	Denien			n: Four run	iners, mini	mum of one	e female, i	running in o	rder: 200	m, 200m, 40	0m, 400n	1.		
	Begins:	Prelims;	Saturday	12:25 or 12:30										
		Finals:	Sunday	11:35 or 11:45										
Esson Rec	cord:		2.32.539	2006	Golden, C	:o								
	200m	Norma J	ohnson		38.87	Houston.	Texas							
	200m		Robinson	1		Houston,								
	400m	JC Baga				Belgium								
	400m	Jared Pe	acock	-	47.7	Golden, C	0							
2013 E zz or	nMobil F	erforman	c 2:51.02	Bronze										
pr - 54 (management and a	200-	CaGalaus	dal a m d	20.00	_						-			
	200m 200m	Sofia Laug David Hol		28.36 25.34			-				-			
	400m	David Hol		43:12.0										
	400m	Richard B		55.63							_			
Best Exxon I	Nationals I	Placing:	Silver	1997, 2003,	2004, 2006, 2	2007, 2008								
		1000000	110200355											
National Rec	cord:		Hughes	02:23.3	1987									
Previous yea	ars results			l										
	2	:013	21	012	2011		2010	line and the second	2009	le conservation de la conservation	2008	B annen 1	2007	20000553
1st	GE	2:39.15	GE	02:35.0	GE	02:33.2	GE	02:33.4	GE	02:30.2	GE	02:31.6	GE	2.29.97
2nd	TI	2:46.77	AT&T	02:44.4	AT&T	02:35.7	LM	02:48.0	LM	02:39.5	EM	02:33.2	EM	2.32.67
3rd	EM AT%T	2:51.02	TI	02:46.2	LM	02:58.0	EM	03:16.8	EM	03:20.5	LM	02:39.1	LM	2.40.97
4th	AT&T BAH	2:57.00	EM	03:09.9	EM	03:08.1	8				AT&T	03:16.8	AT&T Boeing	2.58 2.59
# Teams	5	0.22.42	4		4	8	3	1 I	3		4	2	5	2.00
Qualifying			ļ .											
2014														
1	Prelims	Athlete(s)		6 6	Finals	Athlete(s)		6 1		Actual Athle	ete(s)	16	()	
200m	nła	Samantha			00:30.0	Samantha F								
200m	nła	Teni Sulan		S 3	00:26.0	Teni Sulama						1	1	
400m	nfa	Michael Ly			00:56.0	Michael Lyn								
400m Total	n/a 00:00.0	David Hol	land	2	00:59.0 02:51.0	David Holla	nd	2 B	-	-		6		
Minimum Qu		ne: nła			02:01:0									
Strategy:	no-1264125626													



Descr	iption: Fo	ur runners, with	a runner 4	0 vears of	fage or ol	der running the fir	st leg, a i	runner 50 or	r older ru	nning secon	id, a wom	an running	third, and	a man
						running the								
Time Event	Begins:	Prelims;	Saturday	1:40 or 1:45	-			1						
	1	Finals:	Sunday	11:40 or 11:50	0									
Ezzon Re	cord:		01:42.4	2003										
40.	200m	Eddie Valles		24.9		Tezas				-				-
	200m	Bill Beardsmo	re	26.7		England								-
Female	200m	Jessie Foltz		27.8		Texas								
Male	200m	Jean-Christop	he Bayard	22.9		Holland								
2012 5	n Mahil F	erformance:	1:52.09	4th										
	200m	Ken Thomas	26.36					1						
	200m	Jovette Jolicoeur				1								
Female	200m 200m	Sara Comis Teniola Sulaiman	30.82											
Iviale	200m	Teniola Sulaiman	23.43											
Best Exxon	Nationals	Placing:	3rd		2001, 200	3, 2004, 2007, 2008								
National Re	ecord:		USW	01:34.0	1998	8								
Previous ye	ore reculte				-3053									
FTEVIOUS (E	ars results	2013	21	012		2011	2	009	2	008	2	007	2	006
1st	GE	1:43.03	AT&T	01:43.6	AT&T	01:40.8	AT&T	01:42.2	AT&T	01:39.8	GE	01:38.0	GE	01:36.6
2nd	TI	1:45.15	GE	01:45.1	GE	01:45.8	GE	01:42.4	GE	01:41.2	AT&T	01:39.7	AT&T	01:38.0
3rd	AT&T	1:45.20	TI	01:47.7	LM	02:03.9	LM	01:55.2	EM	01:48.7	EM	01:47.5	LM	01:54.0
4th 5th	EM BAH	1:52.09 2:07.71	EM Boeing	02:07.1	EM	02:21.6	EM	01:57.9	LM	01:51.1	LM	01:53.4	EM	02:04.0
#Teams	5	2:07.71	5	02:23.0	4	22	4	2	4	-	4	62	4	-
Qualifying	Ť		Ť		310	2		2				<u>8</u>		
2014 Times	to Meet:													
	Prelims	Athlete(s)			Finals	Athlete(s)				Actual Athle	ete(s)			
200m(40+)	nła	Garrett Smith		1	00:25.0	Garrett Smith		3			205	1		
200m(50+)	nfa	Larry Volmer Laura Eiklor	-		00:30.0	Larry Volmer		12	2	-		£	8	
200m (F) 200m (M)	nła nła	Will Hickman			00:32.0	Laura Eiklor Will Hickman				-		6		-
Total		T ALL INVITIGAL	-	-	01:49.0	wint live light		-				-		1
Minimum G		me: n/a		-						-				







						ime: V								
		De	scription: Three v	vomen, wi	th a combi	ned age of	90 years	or more, ru	nning in or	der: 800m	, 400m, 401	Dm		
Time Event	Begins:	Finals:	Sunday	1:10										
	- S													
Ezzon Re	cord:		04:19.4	1994	Colby, M	laine								
-	800m	Zara Hyde		02:12.5		England /	FCBC							
	400m	Nina Sprin		01:04.3			TX / EPB							-
1	400m	Sara Phip		01:02.6		Midland,	TX / PIPE	LINE						
		Total		04:19.4										
2013 E zz o	nMobil P	erformanc	5:57.63	Bronze										
-	800m		Sofia Laughland	3:01.46										
	400m		Clementina Martine:											
	400m		Raina Brown	1:17.18										
				222008-222										
Best Exxon	Nationals F	Placing:	Gold	1994	(Hyde, Spri	inger, Phipps))	Gold		(Hyde, Cres				
		195	Gold	1995		nger, Phipps]		Gold	2008	(Darby, Mol	hyla, Jones)			
			Gold	1996	(Hyde, Mol	Neill, Leightor	n)							
	0131207		Gold	2004		lohyla, MacD	onald)							
National Re	cord:		AT&T	04:12.2	1989									-
Previous ye									2				2	
		013	2012			2011)10		09		08		007
1st	AT&T	4:22.08	AT&T	04:36.6	AT&T	04:35.5	AT&T	04:49.7	GE	04:49.7	EM	4.49.53	EM LM	4.29.41
2nd 3rd	GE EM	4:46.01 5:57.63	GE	04:41.6	GE LM	04:37.9	GE EM	04:57.3 05:00.2	LM EM	05:18.0 DNE	LM	4.50.53	AT&T	4.40.53
JIU	LM	0.01.00	EM	05:51.2	EM	DNE	LM	05:00.2	EM	DNE			AIGI	
			Boeing	06:15.2		0.12	E (4)							1
Saw 190	1 at 1	1	BAH	06:27.3	3	12			S	2 6	10000		8	
#Teams	3		6	10000000000000000000000000000000000000	3	1	4		2	£3	2		3	
Qualifying	-				8		-			-			5	-
2014 Times														
	Prelims	Athlete(s)			Finals	Athlete(s)			2	Actual Athl	ete(s)		2	1
800m	nła				02:40.0	Samantha F			<u>l</u>					-
400m 400m	n/a n/a		3		01:12.0	Clementina Raina Brow			5	5			5	-
	00:00.0		25		05:00.0	Frama brow	AU 20		5 8	2				+
		ne: n/a			00:00.0		-				-			+
Minimum O														
Minimum Q	damynig i'r													



Descrip	tion: Four	runners, a	ll over 30 a	nd manage	ers or equ	ivalent, with 400m	n a minimu , 800m, 1€		emale runi	ning at leas	t an 800m	, running in	relay orde	er: 800m,
Time Even	t Begins:	Finals O	nly Sat.	1:20										
Ezzon Re	ecord-		09:41.7	1995	Des Moi	nes lowa		NATIONA	L BECOF	301				
	10000		and store in					Constant States of the	a all search and	1.00				
	800m	Zara Hyd				ouge, LA / I								
_	400m	Larry Vol				TX / EUS/								
	800m	Nick Cad				TX / EUS/								
	1600m	Tom Boo	one	04:28.3	Inousan	d Oaks, CA	TEUSA -	PRUD						
2013 Ezz	onMobil F	erformanc	DNE											
	800m													
	400m													
	800m								-					
Trans and the	1600m													
Best Exxor	n Nationals I	Placing:	Gold	1996 and 19	95 (Hyde, Vo	ollmer, Caduc	Boone)							
National R	ecord:		EXXON	09:41.7	1995									
		3												
Previous y	ears results	2013	20	112	2	011	2	010	2	009	2	008	20	07
1st	GE	11:10.61	GE	11:06.6	GE	11:33.9	GE	11:18.1	GE	11:18.2	LM	11:18.0	GE	10:57.4
2nd	AT&T	12:13.65	TI	12:44.5	AT&T	13:56.7		1	LM	11:55.8	GE	11:24.5	LM	11:18.1
3rd	TI	12:44.77	AT&T	16:02.0			0	S	AT&T	12:46.6	AT&T	13:01.9	EM	11:56.7
	EM	DNE	EM	DNE	EM	DNE	EM	DNE	EM	DNE	EM	14:41.7	AT&T	12:20.3
													Boeing	DNF
# Teams	3	-	3		2		1		3	8	4		5	
Qualifying						92				92	50. ⁰		-	
2014 Times	to Meet:													
Second Second	Prelims	Athlete(s)		9	Finals	Athlete(s)		S 3	1	Actual Athl	ete(s)	12	()	
800m	nła			8	02:30.0			8			201 Sec. 19	8	E	
400m	nła				00:57.0									
800m	nła				02:29.0			3 3				13 3) 3	
1600m	nła				05:10.0									
Tota					11:06.0		_	8 8			_	R 3		
Minimum (Qualifying Ti	me: n/a												
Strategy:	-	-					-	-			-	1		

Event Name: PRESIDENT'S RELAY

Description: Three runners at a level of: president of a company, or anyone who reports directly to the president, or anyone who reports to someone who reports to the president, and at least 40 years old, running in order: 200m, 400m, 800m Finals Only: 1:40 Time Event Begins: Sunday 05:45.5 2003 San Ramon, California New EssonMobil Record 2007 4.11.93 Esson Record: Houston, Texas Houston, Texas Canada, Calgary Nina Springer Larry Volmer Steve Smith 800m **Steve Zelikovitz** 02:35.3 200m 33.7 Larry Volmer Bill Chase 400m 00:59.3 400m 1.03.50 800m 02:10.8 800m 3.34.70 Total 05:45.5 DNE 2013 Esson Performance: 200m 400m 800m Best Exxon Nationals Placing: Gold 1993, 2003, 2007 National Record: Principal 05:33.6 1994 Previous years results: 2013 2012 2011 2010 2009 2008 2007 4.18.49 4.51.92 04:46.4 04:55.1 GE AT&T 04:14.3 04:50.0 EM 4.11.93 1st AT&T 4:26.93 AT&T 04:35.8 04:45.6 AT&T 04:39.7 GE GE 04:39.9 AT&T AT&T GE GE GE 4.23.65 DNE DNE DNE EM DNE DNE DNE EM EM EM EM EM 2 #Teams 1 Qualifying 2014 Times to Meet: Athlete(s) Athlete(s) Actual Athlete(s) Prelims Finals 200m 00:34.0 nła 400m 01:00.0 nfa 800m nła 02:30.0 04:04.0 Total Minimum Qualifying Time: n/a Strategy:

Descri	ption: his					a set of the set of th		1000-1	and the second second	1 1000				
	100000000000000000000000000000000000000	ve runners, inclu	iding one l	emale and	d one mas	ster Leach r 1600m	, 3200m.	1600m), rui	nning in o	rder: 1600r	n (tema	ale), 800m,	1600m (n	naster),
		1		1	17	1000111	, 0200111.			7		17 11		1
Time Event	Begins:	Finals Only:		Saturday	1:50									
			a section	Harris on	the second se	and the second	Contrary of a							
Exzon Re	cord:	25:03.1	1994	Colby, M	aine	NATIONA	L RECOR	D HOLDER	IS !!!					
female		Zara Hyde		04:41.0		Baytows,								
	800m	Andy Homoly		01:58.0		Houston,								
master	1600m	Mickey Vann Bruce Milner		04:42.0		London, E Houston,								-
	3200m	Cera Basher		09:24.1		Baytows.		LF.						
		Total		25:03.1		Conversion of the								
2013 Exxon	Mobil Perf	ormance:	31:46.90	Bronze										
		-		_										
female	1600m	Meg Lees	6.30 3.04											
macher	800m 1600m	Kim Munksgaard Tom Barbee	6.22					-						
master	1600m	Richard Borger	6.53											
	3200m	Daniel Jouas	12.52											
	and states		200/08/00											
Best Exxon	Nationals P	lacing:	Gold	1994	(Hyde, Hon	noly, Vann, Mi	Iner, Basher	0						
	100.03436530	9225	Gold	1999		moly, Boone, I		24						
														-
National Re			EXXON	05.00.4	4004	0.1. 14.1								
Inational Re	cora:		EXAUM	25:03.1	1994	Colby, Main	ic							
Previous ve	ars results:													
1	-2-02	2013		012		2011)10		009		2008		007
1st 2nd	GE TI	28:26.93 31:46.59	GE TI	28:02.3 31:15.8	GE LM	27:24.8 28:42.3	GE LM	27:33.3 28:43.3	GE LM	26:56.6 27:20.7	GE	26:54.3 27:49.9	GE LM	26:29.3
3rd	EM	31:46.90	EM	35:32.6	EM	30:27.2	EM	30:14.6	Boeing	32:16.2	EM	33:45.4	EM	27:24.
	023469		323460	U.S.U.L.U	0 0000 0	UU.LT.L	200000		AT&T	34:16.4	1000	00.05.0	AT&T	27:45.1
2		16 B		š	8 - F		<u>.</u>	6 <u>.</u> 5	EM	DNE		-	12002.02	
\$ Toams Qualifying	3	30 12	3	e	3		3	201 - P	4	e e	3		4	
Zualitying		-	-					1		n i		1		Ti -
2014 Times														
	Prelims	Athlete(s)			Finals	Athlete(s)	000.00	8 - B		Actual Athle	te(s)	1		5
1600 fem 800m	N/A N/A				06:00.0	Catherine M Steve Golen		62 3				-		
800m 1600 mast	N/A N/A	1		5	02:20.0	Tom Barbee		0 3		0				
1600m	N/A		-	5	04:50.0	Alan Mut		8 B		2				
3200m	N/A	6	1		09:30.0	Daniel Villar	real	8 <u>.</u>						
Total					27:10.0									
Minimum Qu	ualifying Tir	ne:	N/A											
Strategy:														-



			Event Name	e: 400m Individua	Events			
Time Event Begins:	Saturday Saturday	Women Men	2:55 2:30	Annual Annual 1 1 1 1 1 1 1 1 1				
2013 ExxonMobil Re	sults							
Women's 400m				Men's 400m				
Name	Age Group	Time	Place	Name	Age Group	Time	Place	
1	6.5	3 <u>3</u>	ci. ci. 28	Tom Barbee	40+	01:07.3	4th	
		3						
		26 12				2 8		
2014 Goals to Meet	2 2 2 2				1			
∀omen's 400m				Men's 400m				
Name	Age Group	Time		Name	Age Group	Time		
2 5							2	
) ()	1	3						
		200 200				-		
3								



Descripti	ion: Fiue r	unners, two fema	eles three	nales rup	ning in ord-	er: 400m - 90	0m 1200r	p 800m 40	0m					
Description	on river	anners, two rents	nes, uneer	nales, rum		ei. 400iii, 00	, 12001	n, ooonn, 40	onn.					
Time Even	t Begins:	Finals:	Sunday	3:10										
Exton R	ecord:		09:00.6	1983	Palo Alt	o, CA fadj	usted fro	om yards to	o metric)					
	400m	Rosalind Win		01:02.9		Houston,								
	800m	Robert Rada	oti	01:56.8				A / PROD	1			1		
	1200m	Mike Bosen		03:00.2		Bayway,								
	800m	Alas Met		01:58.4		Houston,			-					
	400m	Dossa Malos	e	01:02.3		Thousand	Oaks, C	A / PROD	<u> </u>			1.		
		Total		03:00.6										
2013 Ex	zosMobil	Performance:	10:34.63	SILVER										
	400m	Nora Gentry	1:03.16		-							1		
	800m	David Holland	2:27.57											
	1200m	Daniel Jouas	3:47.59											
	800m	Richard Borger	2:16.71											
	400m	Kim Munksgaard												
					Contractory, Name									
	These and	-				-	100ho, an	1000a						
Best Exxo	n Nationals	Placing:	Gold			Milner, Rend								
			Gold	1994		omoly, Bashe								
			Gold	1999		(irk, Olsen, Ho								
			Gold	2002				oly, Dejonque	1					-
	-		Gold	2004	(Foltz, Kirl	k, Donovan, H	lomoly, Ma	cDonald)	-					
National F	Record:		IBM	08:55.5	1984									
	lana.													
Previous y	ears results	2013)12		:011		010	20	09	20	008		007
1st	GE	3:44.46	GE	09:58.5	GE	09:29.1	GE	09:27.1	GE	03:34.8	GE	9.19.90	GE	9.27.60
2nd	EM	10:34.63	TI	10:30.6	LM	10:48.5	LM	10:16.2	LM	10:05.6	LM	3.13.30	LM	3.34.20
3rd	TI	10:41.34	EM	10:50.7	AT&T	11:29.2	AT&T	11:55.1	EM	10:36.9	EM	9.56.79	EM	9.37.6
		10.41.04	BAH	11:03.5	EM	11:29.6	EM	11:58.4		10.00.0	AT&T	11.48.04	<u></u>	0.01.0
-				<u></u>	1					ş		2		
# Toams Qualifying	3	-	4		4		4	1	3	-	4	<u>.</u>	3	-
waanirying					5									
2014 Time	s to Meet:													
100	Prelims	Athlete(s)		2	Finals	Athlete(s)				Actual Athle	te[s]		_	-
400m	nta			62		Laura Eiklor		10 Se	-					-
800m 1200m	n/a			20		Steve Goler David Chen								-
1200m 800m	n/a cha	-		S		Michael Lun								-
400m	nra n/a				02:20.0	Nora Gentr		1 5					-	-
	I 00:00.0			S	03:58.0	Nora Gentr	Y.			2			-	1
	Rualifying Ti	me: n/a												
												1		
1000		ana			-					2. J				_



Lesorin	stion: Fiue	erunners, one over 5	50 and four o	ouer 40 inc	luding one	a female ru	ppipa ip or	der: 800m	400m 80	10m 200m	200m (a	n over 50	woman	tongeo
Descrip	Alon. The	eranners, one over a	o and rour c			the over 50			, 400111, 00	50m, 200m,	, 200m (a	nover 50	woman	carmot
										-	-		_	
Time Event E	Begins:	Finals:	Sunday	3:25										
-			- 52											
Erron Ree	cord:		06:11.0	1993	Seattle,	-								
LIIVE NC	.oru.		00.11.0	1000	ocattic,		-							
	800m	Mickey Yann		02:08.9		Baytowa,	TX / REF							
	400m	Billy Smith		00:53.7	1		TX / RETI							
	800m	Bill Beardsmore		02:07.9	-		ingland / E							
	200m	Eunice Sealey		00:32.7			TX / EPRC							
	200m	CW George		00:27.8	-	Baytowa,	IX / REF					-		
		Total	1	06:11.0										
2013			DNE											
	800m													
	400m					- N								
	800m										_			
	200m													
	200m										-			
Best Exxon I	Nationals Pl	acina:	Silver	1993, 2006	1		1							
Second and	201	1 33	33949430	-	1.000000	See as in	10							
National Rec	cord:		AT&T	05:52.4	1988	Palo Alto, CA								
n :														
Previous yea	rs results:	2013	201		2	2011		010		009		08		2007
1st	TL	6:25.48	TI	06:28.3	GE	06:34.8	GE	06:22.5	GE	003	GE	6.13.67	GE	6.10.05
2nd	GE	6:33.71	GE	06:36.2	AT&T	06:46.0	LM	06:40.3	AT&T	06:20.0	AT&T	6.28.17	AT&T	6.38.30
3rd	AT&T	7:01.90	AT&T	07:20.2	LM	06:54.6	AT&T	06:51.4	LM	06:44.7	EM	6.36.71	LM	6.42.25
4th	BAH	7:46.43	BAH	07:26.1	EM	07:16.4	1		EM	07:21.0	LM	6.44.10	EM	6.53.45
			EM	07:42.5			- î		Boeing	DIS	Boeing	7.02.36	Boeing	8.01.39
#Teams	4		5	8	4	Q	3	2	5		5	3	5	8
Qualifying				6		60 B								5
2014 Times	to Meet													
2014 110051	Prelims	Athlete(s)		8	Finals	Athlete(s)				Actual Athle	te(s)	-		6
800m	n/a				02:25.0	Tom Barbee								
400m	nła			2	00:59.0	Mark Malan		3				1		<u>i</u>
800m 50+	nta				02:30.0	Alan Mut								
200m F	nta			8	00:28.0	Jovette Joli								8
200m	nta			2	00:30.0	Will Hickman		5				- Q		
	00:00.0				06:52.0						_			
Minimum Qu	airying Lime	e: nra		-				-						

Descri	ption: Five	runners, four 50 y	ears of age	e or older, v		t one wom m, 400m, 2			years old (or older rur	nning the	e opening le	g, running	in order:
Time Ever	nt Begins:	Prelims;	Saturday	3:20										
		Finals:	Sunday	1:00										
F	10002	04.44.0	0.044			1			04 40 7	40.07	0			
Ezzon R	ecora:	04:41.0	2011				_		04:19.7	1997	San D	iego, CA		
		200m	Herman \	/illiams			400m	Mike Ale	zander	01:14.6	-	Houston	TX / BET	IBED
		400m	Larre Vol				200m	Eunice S		00:32.6	1		TX / EPP	
2		200m	Jovette		30		600m	Bill Bear		01:34.8			IMPERIA	
		600m	Mark Ma	lander		-	400m	Billy Smit	th	00:57.6		Nashville	TN / RE	TIRED
	-	400m	Ken Thor	nas				Total		04:19.6				
0040 F			DME											
2013 E11	ONMODIL I	Performance:	DNE											-
	200m													
	400m													
	200m					1								
	600m													
	400m					-				-				
Best Exxo	n Nationals	Placing:	3rd	2002										
	1	10000	1st	2010		1								
			2nd	2011										
National F	Record:		AT&T	04:07.4	1996									
Desidence						-								
Previous	lears results	2013	20)12	20	011		2010	2	009		2008	20	007
1st	GE	4:42.61		04:39.0		04:40.7		04:48.2			AT&T	4.44.16		4.40
2nd	TI	4:49.57		04:45.2		04:41.0		04:55.7	AT&T	04:39.1		4.52.87		4.51
3rd	AT&T	4:52.69		05:01.8	GE	04:51.3		04:59.5		04:54.4	LM	4.57.04		4.57.
2	3	1	TI	05:16.8	LM	05:06.7	GE	05:01.6		04:57.1		3 3	EM	5.21.3
	5		1999 (j.	and the second s		S CARGE S	Boeing	05:21.6		04:57.9			Boeing	5.33.
#Teams	3		4		4		5		5	2	3		5	
Qualifying	_				16. 1			-				-		<u> </u>
2014 Time	s to Meet:													
	Prelims	Athlete(s)		Alt.	Finals	Athlete(s)		Alt.		Actual Ath	lete(s)			
200m	nła	Larry Volmer	le le		00:26.9	Larry Voln		3	1		285	1		
400m	nła	Garrett Smith			01:04.0	Garrett Sr		- 12				3		
200m	nła	Jovette Jolicoeu	r		00:30.0	Jovette J								L
600m	nła	Mark Malander			01:38.0	Mark Mal		3	5 3)		3		<u> </u>
400m	n/a	Ken Thomas			00:56.0	Ken Thor	nas	25	-	<i>x</i>				<u> </u>
Tota	I 00:00.0 Qualifying Ti	1 10 11			04:34.9		_	<u></u>	S - 3			1		

	0000	ription: Four runner	s, one rema	ale 30 of old	der, one m	ale 30 or old	ler, two ma	ales 35 or ol	der, runin;	g in order: 2	.00m, 20l	JM, 400M, (300m.	
Time Even	t Begins:	Prelims;	Saturday	3:45, 3:55										
	_	Finals:	Sunday	1:20										
Esson Re	ecord:		03:44.9	1988	Palo Alt	to, CA (adj	usted fro	m gards to	metric)					
	000	D 1 0 11		00.074				-						
-	200m 200m	Regina Smith		00:27.1		Houston, New Orle				-				
_	400m	Larry Yollmer Billy Smith		00:50.7		Baton Ro								
	800m	Jim Noel		02:02.6	-	Toronto,						-		
		Total		03:44.9		Toronto,	Canada	LUUU						
2013 Ezz	onMobil f	Performance:	DNE											_
_														
	200m 200m									-				
	400m											-		
	800m											-		
	000111					_								
Best Exxor	n Nationals	Placing:		2003 Silve	r (Jolicoeur	r, Vollmer, Wil	kes, Kolesa	ar)						
National R	ecord:		Hughes	03:37.7	1992									1
Previous	ears results		3		0							-		
1 1011045 4		2013	2	012	1.00	2011	2	010	2	009	2	2008	20	007
1st	GE	3:57.98	GE	04:02.6	GE	04:03.9	LM	4.04.18	LM	03:53.1	LM	3.53.51	GE	3.54.53
2nd	TI	4:25.83	TI	04:12.9	AT&T	04:19.4	GE	4.07.09	GE	03:55.9	GE	3.54.72	LM	4.02.71
3rd	AT&T	4:32.25	EM	04:38.5	LM	04:20.3	AT&T	?	AT&T	04:24.6	AT&T	4.21.58	EM	4.09.38
4th	BAH	5:02.90	BAH	04:45.1	EM	04:43.4	EM	DNE	EM	05:02.4	EM	4.23.15	AT&T	4.24.87
			AT&T	05:12.1									Boeing	4.45.64
#Teams	4		5		4	1	3	-	4		4	-	5	-
Qualifying	-			-	-	-		-		-				
2014 Times														
lamon .	Prelims	Athlete(s)		8	Finals	Athlete(s)		1		Actual Athl	ete(s)	1		
200m	nła	Kim Munksgaard			00:27.0	Kim Munks				10 mar 200 million 200 million 20	20-20-0-06			5
200m	nła	Will Hickman			00:28.0	Vill Hickma								
400m	nła	Larry Vokmer			01:00.0	Larry Vokm	er			2				
800m Total	n/a 00:00.0	David Villarreal			02:15.0	David Villar	real	3						
	Qualifying Ti	ime: n/a	-		04:10.0									

	iption: Six	runners, with at l	east two w								older (in a	addition to t	he two v	vomen),
20000000				running	in order: 2	200m, 200r	n, 400m, 4	100m, 200	m, 200m			10.000		
Time Event	Begins:	Prelims	Saturday	4:20, 4:30				-					_	
		Finals	Sunday	3:50										_
Exton Re	cord:		03:23.7	1995	Des Moin	es, lowa								
	200m	Sara Phipps		00:28.1		Baytows,	TYJDEE							
	200m	Christina Davis	-	00:26.0		Houston,					E to the	is far the set	12- 12	
	400m	Billy Smith	-	00:54.6		London, E						A REAL PROPERTY.	The Aller	11110
	400m	Mark Avis		00:49.3		Houston.							AND	
	200m	Ken Thomas		00:23.4		Houston	CALLIN,				E La Tor		-05 I15	3 1
	200m	Kerin Saroie		00:22.6		Baytows,	TX / REF					- 10		
											STAT I			
2013 Ex	onMobil	Performance:	3:47.78	BRONZE					KA K				1	
				1201 - 5202038									X	
	200m	Nora Gentry	?								1		1	1
	200m	Jovette Jolicoeur	?											
	400m	David Holland	?			1.			-		- AF		- 11	
	400m	David Chen	?					-			-			
	200m	Ken Thomas	?			1		-		The second second				
	200m	Teniola Sulaiman	?							//			1	
Best Exxor	Nationals P	lacing:	Gold	1995, 2005,	2006, 2007									
National R	Jational Record:		Hughes	03:14.4		Boston, MA								
	1.000			20022		0.00040030000								
	ars results:		-		-								_	
Previous ve			21	012	2	011		010		2009		800		2007
9	12	2013						03:33.4	GE	03:26.6	GE	03:26.6	GE	3.26.64
1st	GE	3:29.66	GE	03:33.0	GE	03:29.0	GE							
1st 2nd	TI	3:29.66 3:44.40	GE AT&T	03:39.6	AT&T	03:35.9	EM	03:46.3	LM	03:43.8	LM	03:43.8	EM	3.26.9
1st 2nd 3rd	TI EM	3:29.66 3:44.40 3:47.78	GE AT&T EM	03:33.6 03:50.3	AT&T EM	03:35.9 03:44.4	EM LM	03:46.3 03:53.2	EM	03:55.9	EM	03:55.9		3.26.91 3.37.10
1st 2nd 3rd 4th	TI EM AT&T	3:29.66 3:44.40	GE AT&T EM TI	03:39.6	AT&T EM LM	03:35.9	EM LM AT&T	03:46.3	EM AT&T		EM AT&T		EM LM	3.26.9
1st 2nd 3rd 4th * Teamr	TI EM	3:29.66 3:44.40 3:47.78	GE AT&T EM	03:33.6 03:50.3	AT&T EM	03:35.9 03:44.4	EM LM	03:46.3 03:53.2	EM	03:55.9	EM	03:55.9	EM	3.26.9
1st 2nd 3rd 4th	TI EM AT&T	3:29.66 3:44.40 3:47.78	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM	03:35.9 03:44.4	EM LM AT&T	03:46.3 03:53.2	EM AT&T	03:55.9	EM AT&T	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th * Teamr	TI EM AT&T 4	3:23.66 3:44.40 3:47.78 3:57.13	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4	03:35.9 03:44.4 03:52.0	EM LM AT&T	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th #Toomr Qualifying 2014 Times	TI EM AT&T 4 s to Meet: Prelims	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s)	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals	03:35.3 03:44.4 03:52.0 Athlete(s)	EM LM AT&T 4	03:46.3 03:53.2	EM AT&T	03:55.9	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th Rualifying 2014 Times 200 fem	TI EM AT&T 4 s to Meet: Prelims n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksgaard	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munksg	EM LM AT&T 4	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th Rualifying 2014 Times 200 fem 200 fem	TI EM AT&T 4 sto Meet: Prelims n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksqaard Raina Brown	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munksq Raina Brow	EM LM AT&T 4	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th E Teame 2ualifying 20014 Times 2000 fem 2000 fem	TI EM AT&T 4 Prelims n/a n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksgaard Raina Brown Michael Lynch	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:28.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn	EM LM AT&T 4 aard b	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th 2ualifying 2001 fem 2000 fem 2000 fem 400 male	TI EM AT&T 4 Prelims n/a n/a n/a n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksqaard Raina Brown Michael Lynch David Holland	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:58.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn David Hollar	EM LM AT&T 4 sard ch ch	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
Ist 2nd 3rd 4th 2ualifying 2014 Times 200 fem 200 fem 400 male 400 male 200 mase	TI EM AT&T 4 Prelims n/a n/a n/a n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksgaard Raina Brown Michael Lynch David Holland Ken Thomas	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:58.0 00:28.0 00:26.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn David Hollar Ken Thomas	EM LM AT&T 4 aard b ch ch	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th 2ualifying 2001 fem 2000 fem 2000 fem 2000 male 2000 male 2000 mast 2000 mast	TI EM AT&T 4 Prelims n/a n/a n/a n/a n/a	3:23.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksqaard Raina Brown Michael Lynch David Holland	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:58.0 00:58.0 00:22.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn David Hollar	EM LM AT&T 4 aard b ch ch	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th 2ualifying 2001 fem 2001 fem 400 male 200 male 200 male Tota	TI EM AT&T 4 9relims n/a n/a n/a n/a n/a n/a n/a 100:00.0	3:29.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksgaard Raina Brown Michael Lunch David Holland Ken Thomas Teni Sulaiman	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:58.0 00:28.0 00:26.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn David Hollar Ken Thomas	EM LM AT&T 4 aard b ch ch	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.9
1st 2nd 3rd 4th 2014 Time: 200 fem 200 fem 400 male 200 male 700 male Tota	TI EM AT&T 4 Prelims n/a n/a n/a n/a n/a	3:29.66 3:44.40 3:47.78 3:57.13 Athlete(s) Kim Munksgaard Raina Brown Michael Lunch David Holland Ken Thomas Teni Sulaiman	GE AT&T EM TI	03:33.6 03:50.3	AT&T EM LM 4 Finals 00:30.0 00:27.0 00:58.0 00:58.0 00:22.0	03:35.3 03:44.4 03:52.0 Athlete(s) Kim Munkso Raina Brow Michael Lyn David Hollar Ken Thomas	EM LM AT&T 4 aard b ch ch	03:46.3 03:53.2	EM AT&T	03:55.3 04:03.4	ем АТ&Т 4	03:55.9	EM LM	3.26.5









					venti	vame:	TEAN	THR	JVV					
Descrip	tion: Two or	three athlet		or sex) each 1 American ag							egory, with	points awa	arded base	ed on the
	D. size	Örburden.	Discus Finals		11:00 or 13:0	0		1						
Time Event	Degins:	Saturday Sunday	Shot Put Finals		10:45 or 12:1									
		1000111					-							
Exxon Re	cord:	3345	points	2000	Reaton, W	lash.								
	-			Shot Put			-	Discus						
	Tom Gage		49'11.5"		points		157'9"		points					
	Gene Thack	ter	49'2.5"		points		134'6"		points					
2013 FTT	onMobil Per	formance:	DT	1150 points	BRONZE					-				
	onMobil Per		SP	1368 points										
			Age		Shot Put		10000475	Discus	TT NGW					
		Clyde Smyth	56, 26	34'1.5"	660	points	151'6''	664	points					
	Jovette Jolice	oeur	53	32'3.75"	708	points	80' 5"	486	points					
			-											
Best Exxon	Nationals Placi	ng:	Gold	1995	(Gage, Thac									
			Gold	1996 1997	(Gage, Thac (Gage, Thac		-			-				
		-	Gold	1999	(Gage, Thac (Gage, Thac									
			Gold	2000	(Gage, Thac									
National Re	cord:		GE		points	2009	San Diego,	Ca						
					224									
Previous ye														
	2013 - DT	2013 - SP	2012 - DT	2012 - SP	2011 - DT	2011 - SP		010		09		08		07
1st	GE - 1219	GE - 1666	GE - 1399	GE - 1658	GE - 1228	GE - 1560	GE	3370	GE	3434	GE	3193	GE	3296
2nd 3rd	AT&T - 1196 EM - 1150		EM - 1200 AT&T - 1004	AT&T - 1404 EM - 1380	LM - 1052	EM - 1430 LM - 1204	LM EM	3201 2394	LM AT&T	3130 2170	LM EM	3002 2432	LM AT&T	3000
4th	BAH - 877	BAH - 1194	BAH - 360	TI - 1194		AT&T - 1105	Boeing	1675	EM	2114	AT&T	2359	EM	2208
	3		1	BAH - 1123	8		AT&T	1014	Boeing	547	Boeing	2160	Boeing	1995
#Teams	4	4	4	5	4	4	5		5		5		5	
2014 Goals Athletes	to Meet:		Shot Put			Discus					-			
nunetes	8	1	Goal	Actual	Points	Goal	Actual	Points	8					
Clyde Smith	h	27				150'			1					
Jovette Jol		54	35'			85'	1	E.						
					1					8				
Strategy: T	hrow far		-		-	-		2	-	-			-	
ett avegy. T														





Desci	iption: Tw	o or three at									on an	Americ	an Age	e/Sex
			group red	ords. Only t	wo scores	count and a	are added to	determin	e placin	ig.				
Time Fue	nt Begins:	Saturdau	High Jump F	Finals	11:00 or 12:30	or 14-00								
	in Degino.	Sunday	Long Jump		10:45 or 12:45									
Esson F	Record:	3686	points	2010	San Ramo	n, Californ	ia							
				High Jump			Lot	a luma						
KenTho	mac	5'6"	956	points	1	19' 1"	908	points	1	-				
Larry Vo		5'0"	923	points		17' 5.5"	899	points						
Jessie		4'6"	891	points		11 9.9	033	points						
2013 Ez	ronMobil	Performance	HJ	DNE										
		Performance		points	BRONZE									
		1	Age		High Jump			Le	ona Juma	2				
-			322270		2005 - 995	points	Ken Thomas		826	points				
						points	Raina Brow	15'7.25"	678	points				
				-		points	Sara Comis	15' 0.5"	653	points				
Best Exx	on Nationals	Placing:	Gold	1993				Gold	2007	(Thoma	s Volin	ner, Beni	nett)	
	Gold			1995	(Smith, Vollm	her)		Gold	2008			Ilmer, Hickman)		
-				1996	(Smith, Vollm		-	Gold	2009			ner, Hick		
			Gold	2003	(Vollmer, The			Gold	2010	(Vollme				
Second and		12	Gold	2005	(Thomas, Vo		tt)	Gold	2011			as, Hick		mis)
National	Record:	1	EzzonMobi	i 3686	points	2010	ľ			*				
Preuious	years result:	e.												
r revious	2013 - HJ	2013 - LJ	2012 - HJ	2012 - LJ	2011 - HJ	2011 - LJ	2010		20	09	2	008	2	007
1st	TI - 1837	AT&T-1924	AT&T-1900		EM - 1859			3686		3614		3509		366
2nd	GE-1687	GE-1523	EM-1889	AT&T-1518	GE - 1753	GE - 1594	GE		Boeing	3317	GE	3440		344
3rd		EM-1504	TI-1837	GE-1494	LM - 1508	LM - 1299	LM	3319			AT&T	2952	AT&T	338
4th	EM-DNE	AT&T-1338	GE-1753	BAH-1355			AT&T		AT&T	3162	LM		LM	268
5th		BAH-1079	BAH-1557	10			Y	1	2 3		2. 3		3	
#Teams	3	5	5	4	3	3	4		4	(()	4		4	
2014 Goa	ls to Meet:													
Athlete	is to meet.	10 C	Hiat	n Jump	Sec. 2	Athlete		Long	Jump	Second St	<u> 1</u>			
			Goal	Actual	Points			Goal	Actual	Points			-	
Larry Voli	ner	Q 3				Larry Volme	r		20 3					
Ken Thor		10 E		1		Ken Thoma			13 3	i (i)				
Will Hickr						Will Hickma								
		5 E	8	83 33					18 5	2 30	10 C			







Men 4th 298.78 points Women's 5k Team Men's 5k Team Name Age Group Overall Place Group Place Time Place Name Age Group Overall Place Group Place MegLees 00-24 1 23:34.45 Thomas Barbee 50-54 2 Jena Lococo 00-24 2 25:25.76 Daniel Jouas 25-29 6 Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 6 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	mine place. All runne ed
Saturday Men 7:30 2013 ExxonMobil Results Vomen 4th 239.16 points Men 4th 239.16 points Women's 5k Team Men 4th 298.78 points Women's 5k Team Men's 5k Team Name Age Group Overall Place Group Place Time Time Name Group Place Place Place 1 23:445 Thomas Barbee 50:54 Jena Lococo 00:24 1 25:257.6 Daniel Jouas 25:29 Delmentina Martinez 50:54 5 23:19.94 David Holland 25:23 6 Patricia Sharp 65:69 1 36:46.46 David Chen 00:24 4	
Saturday Men 7:30 2013 ExxonMobil Results Women 4th 239.16 points Men 4th 239.16 points Men 4th 239.78 points Vomen's 5k Team Mame Age Overall Group Place Time MegLees 00-24 1 Jena Lococo 00-24 2 Clementina Martinez 50-54 5 Patricia Sharp 65-69 1	
Men 4th 298.78 points Women's 5k Team Men's 5k Team Name Age Group Overall Place Group Place Time Place Name Age Group Overall Place Group MegLees 00-24 1 23:34.45 Thomas Barbee 50-54 2 Jena Lococo 00-24 2 25:25.76 Daniel Jouas 25-29 6 Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 6 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	
Men 4th 298.78 points Women's 5k Team Men's 5k Team Name Age Group Overall Place Group Place Time Place Name Age Group Overall Place Group MegLees 00-24 1 23:34.45 Thomas Barbee 50-54 2 Jena Lococo 00-24 2 25:25.76 Daniel Jouas 25-29 6 Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 6 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	
Age GroupOverall PlaceGroup PlaceTimeNameAge GroupOverall PlaceGroup PlacePlaceMegLees00-24123:34.45Thomas Barbee50-542Jena Lococo00-24225:25.76Daniel Jouas25-299Clementina Martinez50-54529:19.94David Holland25-296Patricia Sharp65-69136:46.46David Chen00-244	
Age GroupOverall PlaceGroup PlaceTimeNameAge GroupOverall PlaceGroup PlacePlacePlaceMeg Lees00-24123:34.45Thomas Barbee50-542Jena Lococo00-24225:25.76Daniel Jouas25-299Clementina Martinez50-54529:19.94David Holland25-299Patricia Sharp65-69136:46.46David Chen00-244	
Name Group Place Place Time Name Group Place Pl	
MegLees 00-24 1 23:34.45 Thomas Barbee 50-54 22 Jena Lococo 00-24 2 25:25.76 Daniel Jouas 25-29 5 Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 6 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	lace Time
Jena Lococo 00-24 2 25:25.76 Daniel Jouas 25-29 5 Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 6 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	2 15:57.82
Clementina Martinez 50-54 5 29:19.94 David Holland 25-29 66 Patricia Sharp 65-69 1 36:46.46 David Chen 00-24 4	5 19:42.08
	6 23:24.53
	4 25:24.96
	5 33:27.66
2014 Goals to Meet: Medal	
¥omen's 5k Team Men's 5k Team	
Age Target Actual Overall Group Age Target Act	tual Overall Gi ime Place P
Vicky Hewey 20+	
Sofia Laughland 20+	
Catherine Madden 20+	
Clementina Martinez 50+	
Pat Groben 60+	

Dessistion: F		ا من الم	undie ite	antria -	a de la sila e s		معادم معموم مصاطرات م	- E'		م ما او ما د د	a sea la contra da la	
							en's scores and the to eir age group. When a					асе. Ан
Time Event Begii	15.	Sunday	Men	7:00								
, and entitle sign			Women	7:00								
2013 ExxonMobil	Results	4th	Women	233.04 p	oints							
		5th	Men	100.20 p	oints							
Vomen's 10k	Team						Men's 10k Team					
Name	-	Age Group	Overal I	Grou P	Time		Name	Age Group	Overall Place	Group Place	Time	
MegLees	2	00-24	10401	1	48:42.24		Bing Kao	35-39	I lave	5	50:42.83	
Jena Lococo	2	00-24	÷	2	55:56.08	-	Bob Botto	60-64		4	1:17:34	
Clementina	2	50-54	() () () () () () () () () ()	3	1:00:07		0000000	00-04	3	т.	1.11.94	
Pat Sharp	5	65-69	÷ ;	1	1:17:34		85 Ø.			s s		
2014 Goals to Me	et:											
Vomen's 10k	Team						Men's 10k Team					
Name		Age Group	Target Time	Actua I	Overall Place	Group Place	Name	Age Group	Target Time	Actual Time	Overal I Place	Grou
Vicky Hewey	2	20+			1	1				8		
Clementina Mart	inez	50+										
Sofia Laughland	<u>.</u>	20+	1	§				3 6		ŝ	1 3	
Pat Groben	2	65-69	6	9 X3		-	<i>i)</i>					
	2	8		6 B		13	10 B	13	1	2 0	8	





Men / Women Singlets = \$38 USD or \$35 CAD Sport Bra = \$40 Women Fitted Tank = \$48 USD or \$45 CAD Men Fitted Tank = \$48 USD or \$45 CAD **Join the Team — Order today** www.athletictigers.com/singletdrive.asp





AUTOGRAPHS

